

Allergen information week 4

Monday

Veal bolognese with peppers, red wine and porcini (12+15+16)
 Salsa verde (16) and parmesan (7)
 Linguine with lemon and herbs (1+3)
 Arugula, cauliflower, yellow raisins, capers and pumpkin seeds (16)
 Sandwich spread: Tuna salad with curry, capers and avocado (3+4+10)
 Beef salami with remoulade (3+10+15) and crispy onions (1+15)
 Veggie/Vegan: Beetroot Bolognese with beluga lentils and portobello mushrooms (15+16)

Tuesday

🐷 "Albondigas" meatballs with chorizo in paprika sauce (3+15)
 Salsa romesco with almonds (8/Almonds+16)
 Pearl barley with saffron, grilled peppers, red onions, chickpeas and green beans (1+15+16)
 Broccolini, spinach, pickled red onions, orange and hazelnuts (8/hazelnuts+15+16)
 Sandwich spread: Salmon salad with asparagus, capers and chives (3+4+10)
 Cold roast veal with sour cream and onion (7+15+16)
 Veggie: Quiche with grilled peppers, split peas and kale (1+3+15+16)
 Vegan: Quiche with grilled peppers, split peas, kale and cashews (1+6+15+16)

Wednesday

Butter chicken (7+15+16)
 Cucumber raita (7+16), mango chutney (15+16) and papadums
 White rice with coconut and mustard seeds (10)
 Kale, cucumber, pineapple, pomegranate and chili (16)
 Sandwich spread: Liver paté (1+7) with beetroots
 Eggs and prawns with herb mayonnaise (2+3+10)
 Veggie/Vegan: Red lentil dhal with cauliflower, mango and garam masala (15+16)

Thursday

Salmon fish cakes with herbs, lemon and veggies (3+4+15)
 Tatar sauce (3+10) - and remoulade for the picky ones (3+10+15)
 Potato wedges with herb salt
 Gem lettuce, radicchio, cauliflower, peas and ranch dressing (3+7+10+16)
 Sandwich spread: Roast beef with remoulade (3+10+15) and crispy onions (1+15)
 Ham salad with potatoes and chives (3+10+15)
 Veggie/ Vegan: Mushroom fritters with carrots and quinoa (15+16)
 Cake: Coconut pound cake (1+3+7)

Friday

Lasagna Bolognese with ricotta og spinach (1+3+7+15+16)
 Parsley pesto (16) og tomato salsa (15+16)
 Grilled veggies with roasted tomatoes and smoked almonds (8/Almonds+16)
 Sandwich spread: Sausage salad (3+10)
 Cold gammon with egg royale (3)
 Veggie: Veggie lasagna with peppers, aubergines, squash and ricotta (1+3+7+15+16)
 Vegan: Veggie lasagna with peppers, aubergines, squash and seitan (1+6+15+16)
 1 = Gluten // 2 = Crustaceans // 3 = Eggs // 4 = Fish // 5 = Peanuts // 6 = Soy // 7 =
 Lactose // 8 = Nuts // 9 = Celery // 10 = Mustard // 11 = Sesame seeds // 12 = Sulfur dioxide
 // 13 = Lupin // 14 = Molluscs // 15 = Onion // 16 = Garlic